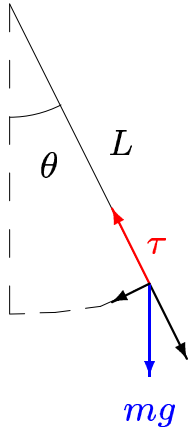


Invarianti adiabatici

Paul Ehrenfest (1880–1933)

per un oscillatore armonico (p.es. pendolo semplice):



$$\theta = \theta_0 \cos(\omega t + \phi), \quad \omega = 2\pi\nu$$

$$\nu = \frac{1}{2\pi} \sqrt{\frac{g}{L}}, \quad E = \frac{1}{2} m g L \theta_0^2$$

$$\tau - m g \cos \theta = m L \dot{\theta}^2$$

$$\begin{aligned} \text{i.e. } \tau &\simeq m g \left(1 - \frac{1}{2} \theta^2\right) + m L \dot{\theta}^2 \\ &= m g - m g \theta_0^2 \left[\frac{1}{2} \cos^2(\omega t + \phi) - \sin^2(\omega t + \phi) \right] \end{aligned}$$

tensione media: $\bar{\tau} = m g + \frac{1}{4} m g \theta_0^2$

lavoro per accorciare di δL : $\delta W = -\bar{\tau} \delta L = -m g \delta L - \frac{1}{4} m g \theta_0^2 \delta L$

aumenta energia gravitazionale aumenta energia di oscillazione

$$\Rightarrow \frac{\delta E}{E} = -\frac{1}{2} \frac{\delta L}{L}$$

ma $\delta \nu = -\frac{1}{2} \sqrt{\frac{g}{L}} \frac{\delta L}{L} = -\nu \frac{1}{2} \frac{\delta L}{L}$

$$\Rightarrow \boxed{\frac{E}{\nu} = \text{costante}}$$